

YOUTH DEVELOPMENT PROJECT (YDP) CORE BATTERY I*

EIPQ, EPSI, ISI, ZBI (PBI), PSID-CDS, IDS

STEP 1: PLEASE FILL THE BOX COMPLETELY BEFORE STARTING ASSESSMENT

1. Student Full Name: _____			
2. Student School ID Number: _____			
3. Date (Enter <u>Month</u> <u>Year</u>):			
Fall _____ (Sept. – Oct.)	Winter _____ (Jan. – Feb.)	Spring _____ (April – May)	
4. Circle School: ACE CAN CAS SAT			
5. Evaluator (Your name): _____			
6. Circle Condition: Counseling Group _____ Control Waitlist			
(Write the type of group)			
7. Counseling Group Facilitator's Name _____			
(If in counseling group, write facilitator's name)			

STEP 2: INTERVIEWER: READ THIS SECTION TO THE STUDENT

For this part of the evaluation, we are interested in what young people think and feel about themselves and things going on in their lives. We want you to give us your most honest answers, and we can promise that your answers will be confidential. No one that you know will see your answers, so feel free to answer exactly what you think and feel.

Interviewer: Ask: *Do you have any questions?* Answer any questions the student has, continue.

STEP 3: BEGIN THE ASSESSMENT BELOW.

Please make sure to monitor the student as they are reading each question and circling a number response.

* Core Battery I was assembled for use in the Youth Development Project, Department of Psychology, Florida International University Miami, Florida, 33199. The battery is comprised of the Ego Identity Process Questionnaire (EIPQ; Balistreri, E., Busch-Rossnagel, N. A., & Geisinger, K. F. (1995). Development and preliminary validation of the Ego Identity Process Questionnaire. Journal of Adolescence, 18, 179-192), the (EPSI; Rosenthal, D. A., Gurney, R M., & Moore, S. M. (1981). From trust to intimacy: A new inventory for examining Erikson's stages of psychosocial development. Journal of Youth and Adolescence, 10, 525-537), and the Identity Style Inventory (ISI; White, J. M., Wampler, R. S., & Winn, K. I. (1998). The Identity Style Inventory: A revision with a sixth grade reading level (ISI-6G). Journal of Adolescent Research, 13 (2), 223-245.), the Zill Behavior Items, Behavior Problem Index (ZBI (PBI); Zill, N. (1985). Behavior problem scales developed from the 1981 Child Health Supplement to the National Health Interview Survey. Washington, DC: Child Trends as cited in Kim, J. E., Heatherington, M., Reiss, D. (1999). Associations among family relationships, antisocial peers, and adolescents' externalizing behaviors: Gender and family type differences. Child Development, 70, 1209-1230), and the PSID-CDS (Panel Study of Income Dynamics-Child Development Supplement; Keyes, Corey L. M. In Press." Complete Mental Health: An Agenda for the 21st Century," in Flourishing: The Positive Person and the Good Life, edited by C. L. M. Keyes and J. Haidt. Washington, DC: American Psychological Association Press.

Please read each sentence and then CIRCLE the statement that best describes how that sentence applies to you.¹

	Strongly Agree				
	Slightly Agree				
	Neutral				
	Slightly Disagree				
	Strongly Disagree				
1. I have definitely decided on the type of job I want to pursue.	1	2	3	4	5
2. I don't expect to change my political principles and ideals.	1	2	3	4	5
3. I have considered adopting different kinds of religious beliefs.	1	2	3	4	5
4. There has never been a need to question my sense of right and wrong.	1	2	3	4	5
5. I am very confident about what kinds of friends are best for me.	1	2	3	4	5
6. My ideas about what it means to be a man or what it means to be a woman never changed as I got older.	1	2	3	4	5
7. I will always vote for the same political party.	1	2	3	4	5
8. I have firmly held views concerning the part I play in my family.	1	2	3	4	5
9. I have discussed dating relationships with other people several times.	1	2	3	4	5
10. I have considered different political views thoughtfully.	1	2	3	4	5
11. I have never questioned my views concerning what kind of friend is best for me.	1	2	3	4	5
12. My beliefs in what is right and what is wrong are likely to change in the future.	1	2	3	4	5
13. When I talk to people about religion, I make sure to voice my opinion.	1	2	3	4	5
14. I am not sure about what type of dating relationship is best for me.	1	2	3	4	5
15. I have not felt the need to think about the importance I place on my family.	1	2	3	4	5
16. Regarding religion, my views are likely to change in the near future.	1	2	3	4	5
17. I have definite views regarding the ways in which men and women should behave.	1	2	3	4	5
18. I have tried to learn about different jobs to find the best one for me.	1	2	3	4	5
19. I have undergone several experiences that made me change my views on men and women's roles.	1	2	3	4	5
20. I have constantly re-examined many different values in order to find the ones which are best for me.	1	2	3	4	5
21. I think what I look for in a friend could change in the future.	1	2	3	4	5
22. I have questioned what kind of person is right for me.	1	2	3	4	5
23. I am unlikely to change my job goals.	1	2	3	4	5
24. I have evaluated many ways in which I fit into my family.	1	2	3	4	5
25. My ideas about men's and women's roles will never change.	1	2	3	4	5
26. I have never questioned my political beliefs.	1	2	3	4	5
27. I have had many experiences that led me to review the qualities that I would like my friends to have.	1	2	3	4	5
28. I have discussed religious matters with a number of people who believe differently than I do.	1	2	3	4	5
29. I am not sure that the values I hold are right for me.	1	2	3	4	5
30. I have never questioned my career goals.	1	2	3	4	5
31. The extent to which I value my family is likely to change in the future.	1	2	3	4	5
32. My beliefs about dating are firmly held.	1	2	3	4	5

¹ Items modified from the EIPQ

Please read each sentence and then CIRCLE the statement that best describes how that sentence applies to you.¹

	Almost Always True				
	Sometimes True				
	Undecided				
	Usually Not True				
	Almost Never True				
1. I get embarrassed when someone begins to tell me personal things.	1	2	3	4	5
2. I am ready to get involved with a special person.	1	2	3	4	5
3. I am warm and friendly.	1	2	3	4	5
4. It is important to me to be completely open with my friends.	1	2	3	4	5
5. I keep what I really think and feel to myself.	1	2	3	4	5
6. I think it is crazy to get too involved with people.	1	2	3	4	5
7. I care deeply for others.	1	2	3	4	5
8. I am basically a loner.	1	2	3	4	5
9. I have a close physical and emotional relationship with another person.	1	2	3	4	5
10. I prefer not to share too much of myself with others.	1	2	3	4	5
11. Being alone with other people makes me feel uncomfortable.	1	2	3	4	5
12. I find it easy to make close friends.	1	2	3	4	5
13. I change my opinion of myself a lot.	1	2	3	4	5
14. I've got a clear idea of what I want to be in the future.	1	2	3	4	5
15. I feel mixed up.	1	2	3	4	5
16. The important things in life are clear to me.	1	2	3	4	5
17. I've got it together.	1	2	3	4	5
18. I know what kind of person I am.	1	2	3	4	5
19. I can't decide what I want to do with my life.	1	2	3	4	5
20. I have a strong sense of what it means to be male/female.	1	2	3	4	5
21. I like myself and am proud of what I stand for.	1	2	3	4	5
22. I don't really know who I am.	1	2	3	4	5
23. I work to keep up a certain image when I'm with people.	1	2	3	4	5
24. I don't really get involved.	1	2	3	4	5

¹ Items modified from the EPSI

Please read each sentence and then CIRCLE the statement that best describes how that sentence applies to you.¹

	Almost Always True				
	Sometimes True				
	Undecided				
	Usually Not True				
	Almost Never True				
1. I've spent a great deal of time thinking about what I should do with my life.	1	2	3	4	5
2. I'm not really sure what I'm doing in school; I guess things will work themselves out.	1	2	3	4	5
3. I've more or less always operated according to the values with which I was brought up.	1	2	3	4	5
4. I've spent a good deal of time reading and talking to others about religious ideas.	1	2	3	4	5
5. When I discuss an issue, I try to assume their point of view and see the problem from their perspective.	1	2	3	4	5
6. It doesn't pay off to worry about values in advance; I decide things as they happen.	1	2	3	4	5
7. I've always had purpose in my life; I was brought up to know what to strive for.	1	2	3	4	5
8. Many times, by not concerning myself with personal problems, they work themselves out.	1	2	3	4	5
9. I've spent a lot of time reading and trying to make sense out of political issues.	1	2	3	4	5
10. I'm not really thinking about my future now; it's still a long way off.	1	2	3	4	5
11. I've spent a lot of time and talked to a lot of people trying to develop a set of values that make sense to me.	1	2	3	4	5
12. Regarding religion, I've always known what I believe and don't believe; I never really had any serious doubts.	1	2	3	4	5
13. I've known since high school that I was going to college and what I was going to major in.	1	2	3	4	5
14. I think it's better to have a firm set of beliefs than to be open-minded.	1	2	3	4	5
15. When I have to make a decision, I try to wait as long as possible in order to see what will happen.	1	2	3	4	5
16. When I have a personal problem, I try to analyze the situation in order to understand it.	1	2	3	4	5
17. I find it's best to seek out advice from professionals (e.g., clergy, doctors, lawyers) when I have problems.	1	2	3	4	5
18. It's best for me not to take life too seriously; I just try to enjoy it.	1	2	3	4	5
19. I think it's better to have fixed values than to consider alternative value systems.	1	2	3	4	5
20. I try not to think about or deal with problems as long as I can.	1	2	3	4	5
21. I find that personal problems often turn out to be interesting challenges.	1	2	3	4	5
22. I try to avoid personal situations that will require me to think a lot and deal with them on my own.	1	2	3	4	5
23. Once I know the correct way to handle a problem, I prefer to stick with it.	1	2	3	4	5
24. When I have to make a decision, I like to spend a lot of time thinking about my options.	1	2	3	4	5
25. I prefer to deal with situations where I can rely on social norms and standards.	1	2	3	4	5
26. I like to have the responsibility for handling problems in my life that require me to think on my own.	1	2	3	4	5
27. Sometimes I refuse to believe a problem will happen, and things manage to work themselves out.	1	2	3	4	5
28. When making important decisions, I like to have as much information as possible.	1	2	3	4	5
29. When I know a situation is going to cause me stress, I try to avoid it.	1	2	3	4	5
30. I find it's best for me to rely on the advice of close friends or relatives when I have a problem.	1	2	3	4	5

¹ Items modified from the ISI.

The statements below describe behavior problems that many young people have. Think about yourself, and decide if each statement has been **OFTEN** true, **SOMETIMES** true, or **NOT** true of yourself during the last 3 months¹

	Not True		
	Sometimes True		
	Often True		
	1	2	3
1. I had sudden changes in mood or feelings.	1	2	3
2. I felt or complained that no one loved me.	1	2	3
3. I was rather high strung, tense, or nervous.	1	2	3
4. I cheated or told lies.	1	2	3
5. I was too fearful or anxious.	1	2	3
6. I argued too much	1	2	3
7. I had difficulty concentrating, could not pay attention for too long.	1	2	3
8. I was easily confused, seemed to be in a fog.	1	2	3
9. I bullied, or was cruel and mean to others.	1	2	3
10. I was disobedient at home.	1	2	3
11. I was disobedient at school.	1	2	3
12. I did not seem to feel sorry after I misbehaved.	1	2	3
13. I had trouble getting along with other young people.	1	2	3
14. I had trouble getting along with teachers.	1	2	3
15. I was impulsive, or acted without thinking.	1	2	3
16. I felt worthless or inferior	1	2	3
17. I was not liked by other young people my age.	1	2	3
18. I had a lot of difficulty getting my mind off certain thoughts, had obsessions.	1	2	3
19. I was restless, overactive, could not sit still.	1	2	3
20. I was stubborn, sullen, or irritable.	1	2	3
21. I had a very strong temper and lost it easily.	1	2	3
22. I was unhappy, sad, or depressed.	1	2	3
23. I was withdrawn, did not get involved with others.	1	2	3
24. I broke things on purpose, deliberately destroying my things or other's things.	1	2	3
24. I clung to adults.	1	2	3
26. I cried too much.	1	2	3
28. I demanded a lot of attention.	1	2	3
28. I was too dependent on others.	1	2	3
29. I felt others were out to get me.	1	2	3
30. I hung around with kids who get into trouble.	1	2	3
31. I was secretive, kept things to myself.	1	2	3
32. I worried too much.	1	2	3

¹ Items modified from the ZBI

Please read each sentence and then **CIRCLE** the statement that best describes how that sentence applies to you.¹

	Almost Never True	Usually Not True	Undecided	Sometimes True	Almost Always True
In a typical month how much of the time did you feel					
1. satisfied?	1	2	3	4	5
2. interested in life?	1	2	3	4	5
3. happy?	1	2	3	4	5
In a typical month how much of the time did you feel					
1. you had something important to contribute to society?	1	2	3	4	5
2. you belonged to a community (like a social group, your school, or your neighborhood)?	1	2	3	4	5
3. our society is becoming a better place?	1	2	3	4	5
4. that people are basically good?	1	2	3	4	5
5. that the way our society works made sense to you?	1	2	3	4	5
In a typical month how much of the time did you feel					
1. you like most parts of your personality?	1	2	3	4	5
2. your life have a direction or purpose?	1	2	3	4	5
3. you feel good at managing the responsibilities of your daily life?	1	2	3	4	5
4. you have warm and trusting relationships with others?	1	2	3	4	5
5. you have experiences that challenged you to grow or become a better person?	1	2	3	4	5
To what degree have you been very upset, distressed, or worried over any of the following issues in your life?²					
1. <i>Long term goals?</i> (e.g., finding a good job, being in a romantic relationship, etc.)	1	2	3	4	5
2. <i>Career choice?</i> (e.g., deciding on a trade or profession, etc.)	1	2	3	4	5
3. <i>Friendship patterns?</i> (e.g., experiencing a loss of friends, change in friends, etc.)	1	2	3	4	5
4. <i>Sexual orientation and behavior?</i> (e.g., feeling confused about sexual preferences, intensity of my sexual needs, etc.)	1	2	3	4	5
5. <i>Religion?</i> (e.g., stopped believing, changed your belief in God/religion, etc.)	1	2	3	4	5
6. <i>Values or beliefs?</i> (e.g., feeling confused about what is right or wrong, etc.)	1	2	3	4	5
7. <i>Group loyalties?</i> (e.g., belonging to a club, school group, gang,, etc.)	1	2	3	4	5

8. Which **one** issue of the above causes you the **most** significant problems in your life (such as problems at school, on the job, with friends, or family)? (circle one)

1--Goals 2--Career 3--Friendships 4--Sexuality 5--Religion 6--Values 7--Group Loyalty

9. Please rate your overall level of **discomfort** (how bad they made you feel) about all of the above issues that might have upset or distressed you as a whole (circle)

None Mild Moderate Severe Very Severe
 0 1 2 3 4 5 6 7 8

10. Please rate how much uncertainty over these issues as a whole has **interfered** with your life (e.g., stopped you from doing things you wanted to do, or being happy). (circle)

None Mild Moderate Severe Very Severe
 0 1 2 3 4 5 6 7 8

11. For how long (if at all) have you felt upset, distressed, or worried over these issues as a whole? (circle number)

Never/less than a month 1-3 months 3 to 6 months 6-12 months More than 12 months
 1 2 3 4 5

¹ Items modified from the PSID-CDS